

# High Voltage - A Personal Journey



LS 11-94

# High Voltage – A Personal Journey

Just a normal, everyday kid from  
small town Saskatchewan...



# High Voltage – A Personal Journey

Just thirteen years  
ago this was me.

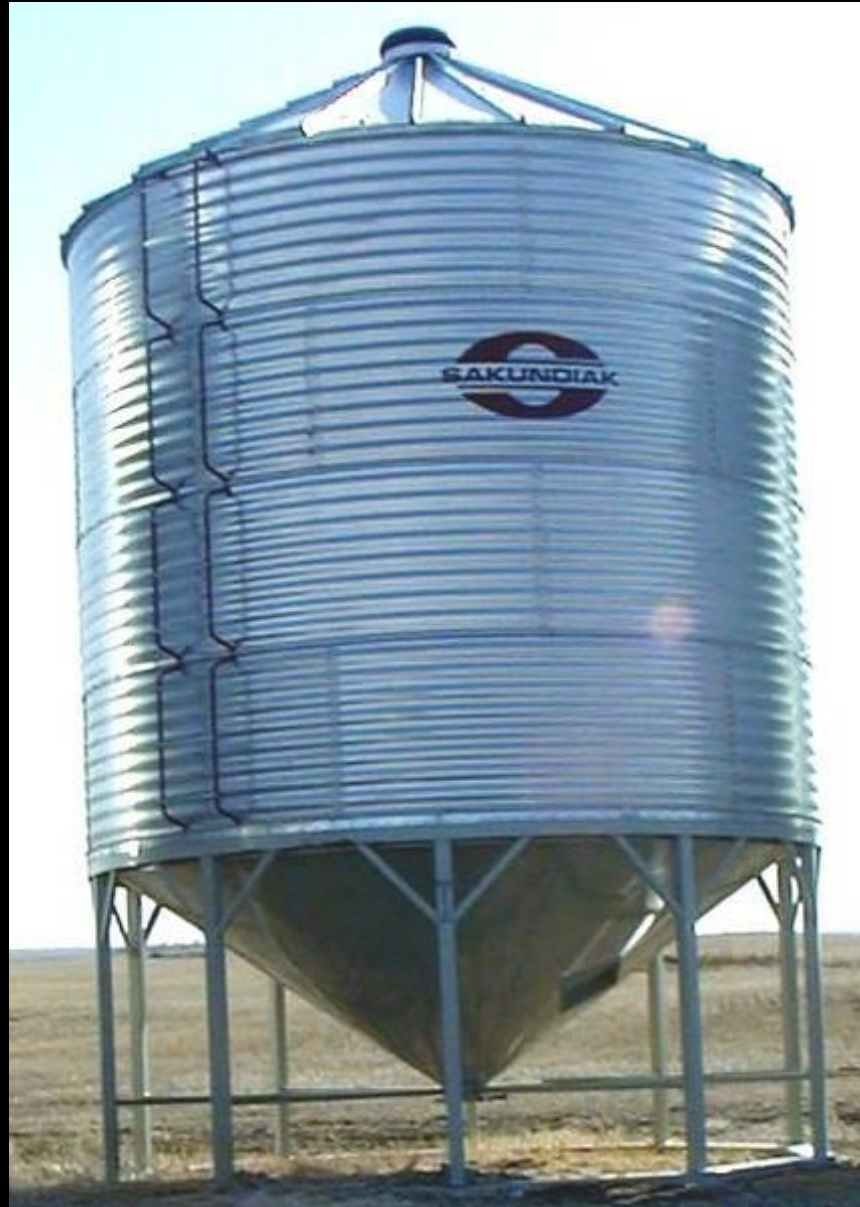
Active

Energetic

Sports Loving







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A living example that surviving a traumatic incident with a positive attitude results in a life full of happiness

My story is about pain, suffering, hope, caring, love...

AND THE FUTURE!

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The incident  
changed my life.

It was preventable.

It still happened.

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What's important in safety & prevention?

Orientation

Hazard Identification and Risk Assessment

Root cause analysis and corrective action

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We did things the way we always did.

We Recognized the hazard, but did not  
act accordingly

I paid the price.



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Small steps can take you a long way

What it takes for a safe workplace

1. Company management –  
must show leadership in  
safety and prevention.
2. Every employee must  
make safety a priority



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3. Communications is a key element -  
it leads to effective teamwork.
4. While the goal is to eliminate  
injuries, we need to be prepared to deal with  
an emergency that might occur.
5. If an incident does occur,  
we need to investigate  
the incident to create a  
preventative measure



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The first step towards getting somewhere, is to decide that

you are not going to stay

where you are.....

*John Morgan*



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I don't want something similar to happen to you.

Safety is **NUMBER ONE** at work or play

It must be your priority in every part of your life!

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My story is about attitude and support equaling success...

It is a story of family, friends, medical professionals and strangers not giving up.



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It's been a long  
journey – one I wish  
I didn't have to make.

I made it because of  
family, friends and  
health care professionals.



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This is me today!

STILL...

Active

Energetic

Sports Loving





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Life is not about finding yourself...

Its about creating yourself.



